

0-19 Parenting Offer August 2020

Support for Under 5s

The Lead professional for under 5s is either the Health Visitor or Family Nurse. They will provide parenting support directly.

All request for parenting support, where there is no Lead Professional, should be made via the Duty Health Visitor on 03001236629.

Parenting Surgeries

Parents, who do not have a lead professional can access phone support from a parenting practitioner by emailing details to

SharedMailbox.ParentingService@secure.portsmouthcc.gov.uk

They should include name, date of birth and postcode of the child and some brief information about the areas of support needed.

Sessions will be arranged to suit the parents

Lead Professionals - who are working with a family should **not** refer to the surgeries but should contact the inbox for some Team Around the Worker support. Practitioners can provide resources and advise regarding supporting families.

Tripe P Discussion Groups

A focused program of sessions designed to support primary aged children and secondary aged children will be offered over the summer. There will be available in Family Hubs in reduced socially distanced numbers. Requests for these will be made via Lead professionals or via surgeries.

Topics over the summer will be:

Primary

Managing fighting & Aggression
Dealing with Disobedience

Teen

Getting teenagers to Cooperate
Reducing Family Conflict.

NVR

We will be restarting some face to face course delivery but with reduced group sizes to adhere to social distancing.

We will contact refers when an invitation has been sent.

We will be offering courses starting in August and courses starting in September

In addition we have a series of recorded sessions, explaining the main principles. These can be used by Lead Professionals directly with their families. If necessary, the NVR practitioners can offer Team Around the Worker in the form of a supported session.

There are also a range of practical resources which can be shared as part of the Team Around the Worker offer.

Schools will be offered some Briefing and support sessions to help parents embed the principles

ALL requests for any NVR support must be made via ParentingService@secure.portsmouthcc.gov.uk. Requests must demonstrate what the needs are in the family, how the Child to adult violence or control is being presented and what has already been tried